



## Motherwort Tincture

*Leonurus cardiaca*

NPN: 80028425

**Size:** \_\_\_\_\_

**Lot:** \_\_\_\_\_

**Expiry Date:** \_\_\_\_\_

### Indications:

Traditionally used in Herbal Medicine as a uterine tonic and to relieve menstrual pain.

Traditionally used in Herbal Medicine as a nerve tonic.

### Recommended dose (adults):

Take 1 tsp, twice daily. Dilute in hot water and take before meals, or as directed by your health care practitioner.

### Risk information:

#### Cautions and Warnings:

Consult a health care practitioner if symptoms persist or worsen. Consult a health care practitioner prior to use if you are breastfeeding. Discontinue use if you experience diarrhea, stomach irritation, uterine bleeding, or an allergic reaction.

#### Contra-indications:

Do not use if you are pregnant. Do not use if you have a cardiac disorder. Do not use if you are taking cardiac medication, CNS depressants or antihistamines.

#### Known adverse reactions:

Hypersensitivity (e.g.) allergy has been known to occur; in which case discontinue use.

#### Medicinal ingredients:

Each Tsp contains: *Leonurus cardiaca* (Motherwort) extract 1:3; 45% ethanol equivalent to 1.667g of aerial parts.

#### Non-medicinal ingredients:

Water, Ethanol.

Store at room temperature away from sunlight and heat. Keep out of reach of children. Do not use if seal is broken.

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