



Arthrotone Tincture Formulation

NPN: 80025861

Size: _____

Lot: _____

Expiry Date: _____

Indications:

Used in Herbal Medicine to help alleviate the pain associated with rheumatic conditions such as osteoarthritis.

Recommended dose (adults):

Take 1 tsp (5 ml), 3 times daily. Diluted in hot water and take before meals or as directed by your health care practitioner.

Risk information:

Cautions and Warnings:

Consult a health care practitioner if symptoms persist or worsen. Consult a health practitioner prior to use if you have diabetes, gallstones, a bile duct obstruction, stomach ulcers, or excess stomach acid. Discontinue use if you experience contact dermatitis, nausea, bronchospastic activities, gastrointestinal irritation, diarrhea, pain, vomiting, itching or rash. Consult a health care practitioner prior to use if you are taking CNS depressants, levothyroxine, other salicylate containing herbs or oral medications (i.e. aspirin) or anticoagulants (i.e. warfarin).

Contra-indications:

Do not use if you are pregnant or breastfeeding. Do not use if you have a kidney disorder or inflammation, diarrhea, asthma, dysentery, or colitis. Do not use if you are allergic to plants of the Asteraceae/Compositae/Daisy family or plants and spices including wild carrot, mugwort, birch or dandelion. Do not use if you are hypersensitive to salicylates or are allergic to acetylsalicylic acid (ASA). Do not use if you are having ultraviolet light or solarium therapy.

Known Adverse Reactions:

Hypersensitivity (e.g. allergy) has been known to occur; in which case, discontinue use.

Medicinal ingredients:

Each Tsp (5 ml) contains *Apium graveolens* (Celery) extract 1:3, equivalent to 0.25g of seed;
Arctium lappa (Burdock) extract 1:3, equivalent to 0.25g of root;
Curcuma longa (Turmeric) extract 1:3, equivalent to 0.25g of rhizome;
Filipendula ulmaria (Meadowsweet) extract 1:3, equivalent to 0.25g of herb,
Harpagophytum procumbens (Devil's Claw) extract 1:3, equivalent to 0.25g of secondary root tubers,
Salix alba (White Willow) extract 1:3, equivalent to 0.25g of bark,
Zanthoxylum clava-herculis (Southern Prickly Ash) extract 1:3, equivalent to 0.165g of bark.

Non-medicinal ingredients:

Water, Ethanol.

Store at room temperature away from sunlight and heat. Keep out of reach of children. Do not use if seal is broken.

Licensed by: Flora Manufacturing & Distributing Ltd. V5J 5B9

Gaia Garden Herbal Dispensary
2672 West Broadway · Vancouver, BC · Canada, V6K 2G3
Tel: (604) 734-4372 · Fax: (604) 734-4376
www.gaiagarden.com