



# GAIA GARDEN EVENTS

604-734-HERB (4372)

## HYDROSOLS

### The Forgotten Aromatherapy

Have you ever wondered what hydrosols are? Would you like to learn how to use these fragrant allies? Join us for this one hour look into their many uses and application.

Workshop will be lead by Certified Aromatherapist Since 1999 Kathleen Sharp

Date: Sunday, August 27th

Time: 12:00 - 1:00pm

Cost: \$15.00



## IN-HOUSE PRACTITIONERS

- Sunday: Acu-Shiatsu Integrative Connective Tissue Bodywork; Aromatherapy; Reiki; Lymph & Swedish Massage; Holistic Health Session; Spiritual Counselling
- Monday: Individual, Couples & Group Counselling
- Tuesday: Acupuncture, Herbal & Natural Medicine Consults
- Wednesday: Natural Medicine Health Consultation  
Energy Scans, Light Therapy, Aromatherapy Massage
- Thursday: Craniosacral Therapy; Eden Energy Medicine  
Soul Work
- Friday: Individual, Couples & Group Counselling;  
Aromatherapy; Reiki; Lymph & Swedish Massage
- Saturday: Acupuncture, Herbal & Natural Medicine Consults;  
Aromatherapy; Reiki; Lymph & Swedish Massage;

CALL 604-734-4372 AND RESERVE YOUR SESSION TODAY!

## AUGUST 2017

NOW SERVING HERBAL TEA, SPRITZERS & COFFEE WEEKDAYS FROM 11AM-2PM!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>In-House 13</b> Acu-Shiatsu Massage <b>Prebook:</b> Swedish Massage; Reiki; Aromatherapy; Iridology; Aura/Chakra Readings	<b>Call to book a Counselling Session 14</b> Individual, Couples & Group Therapy	<b>In-House 15</b> <b>Every Tuesday:</b> Acupuncture, TCM & Herbal Consultations Natural Medicine Consultations	<b>Senior's Day 16</b> 10% off regular priced items! <b>In-House:</b> Natural Medicine Herbal Consultations; Aura/Chakra Scans; Reiki; Light Therapy	<b>In-House: 17</b> Craniosacral Therapy <b>Prebook:</b> Iridology; Herbal Consultation	<b>In-House: 18</b> Individual, Couples & Group Counselling; Aromatherapy; Reiki; Swedish Massage; Soul Work	<b>In-House: 19</b> Acupuncture, TCM & Herbal Consultations <b>Prebook:</b> Aromatherapy; Reiki; Swedish Massage
<b>In-House 20</b> Acu-Shiatsu Massage <b>Prebook:</b> Swedish Massage; Reiki; Aromatherapy; Iridology; Aura/Chakra Readings	<b>Call to book a Counselling Session 21</b> Individual, Couples & Group Therapy	<b>In-House 22</b> <b>Every Tuesday:</b> Acupuncture, TCM & Herbal Consultations Natural Medicine Consultations	<b>Senior's Day 23</b> 10% off regular priced items! <b>In-House:</b> Natural Medicine Herbal Consultations; Aura/Chakra Scans; Reiki; Light Therapy	<b>In-House: 24</b> Craniosacral Therapy <b>Prebook:</b> Iridology; Herbal Consultation	<b>In-House: 25</b> Individual, Couples & Group Counselling; Aromatherapy; Reiki; Swedish Massage; Soul Work	<b>In-House: 26</b> Acupuncture, TCM & Herbal Consultations <b>Prebook:</b> Aromatherapy; Reiki; Swedish Massage
<b>How to Make Floral Waters 27</b> 12:00pm-1:00pm <b>\$15</b>	<b>Call to book a Counselling Session 28</b> Individual, Couples & Group Therapy	<b>In-House 29</b> <b>Every Tuesday:</b> Acupuncture, TCM & Herbal Consultations Natural Medicine Consultations	<b>Senior's Day 30</b> 10% off regular priced items! <b>In-House:</b> Natural Medicine Herbal Consultations; Aura/Chakra Scans; Reiki; Light Therapy	<b>In-House: 31</b> Craniosacral Therapy <b>Prebook:</b> Iridology; Herbal Consultation	<b>In-House: 1</b> Individual, Couples & Group Counselling; Aromatherapy; Reiki; Swedish Massage; Soul Work	<b>In-House: 2</b> Acupuncture, TCM & Herbal Consultations <b>Prebook:</b> Aromatherapy; Reiki; Swedish Massage
<b>In-House 3</b> Acu-Shiatsu Massage <b>Prebook:</b> Swedish Massage; Reiki; Aromatherapy; Iridology; Aura/Chakra Readings	<b>Call to book a Counselling Session 4</b> Individual, Couples & Group Therapy	<b>In-House 5</b> <b>Every Tuesday:</b> Acupuncture, TCM & Herbal Consultations Natural Medicine Consultations	<b>Senior's Day 6</b> 10% off regular priced items! <b>In-House:</b> Natural Medicine Herbal Consultations; Aura/Chakra Scans; Reiki; Light Therapy	<b>In-House: 7</b> Craniosacral Therapy <b>Prebook:</b> Iridology; Herbal Consultation	<b>In-House: 8</b> Individual, Couples & Group Counselling; Aromatherapy; Reiki; Swedish Massage; Soul Work	<b>In-House: 9</b> Acupuncture, TCM & Herbal Consultations <b>Prebook:</b> Aromatherapy; Reiki; Swedish Massage
<b>In-House 10</b> Acu-Shiatsu Massage <b>Prebook:</b> Swedish Massage; Reiki; Aromatherapy; Iridology; Aura/Chakra Readings	<b>Call to book a Counselling Session 11</b> Individual, Couples & Group Therapy	<b>In-House 12</b> <b>Every Tuesday:</b> Acupuncture, TCM & Herbal Consultations Natural Medicine Consultations	<b>Senior's Day 13</b> 10% off regular priced items! <b>In-House:</b> Natural Medicine Herbal Consultations; Aura/Chakra Scans; Reiki; Light Therapy	<b>In-House: 14</b> Craniosacral Therapy <b>Prebook:</b> Iridology; Herbal Consultation	<b>In-House: 15</b> Individual, Couples & Group Counselling; Aromatherapy; Reiki; Swedish Massage; Soul Work	<b>NOTE: ACUPUNCTURE SERVICES</b> are covered by: ICBC/MSP Health Insurance